

"be clear minded and self-controlled  
*so that you can pray.*  
1 Peter 4:7

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"be temperate, *worthy of respect,*  
self-controlled, and *sound in faith,*  
in love and in endurance."  
Titus 2:2

# What God says when I feel **Annoyed**

"A fool shows  
his annoyance  
at once,  
but a prudent man  
overlooks an insult."  
Proverbs 12:16

My dear brothers, *take note of this:*  
Everyone should be quick to listen,  
slow to speak and slow to become angry,  
for man's anger does not bring about  
the righteous life that God desires."  
*James 1:19-20*

"saith the LORD of hosts;  
therefore take heed to your spirit,  
that ye deal not treacherously."  
*Malachi 2:16 - KJV*

"Be completely  
*humble and gentle;*  
be patient,  
bearing with  
one another in love."  
Ephesians 4:2

"Therefore, as God's chosen people,  
*holy and dearly beloved,*  
clothe yourselves with compassion,  
kindness, humility,  
gentleness, and patience.  
*Bear with one another*  
and forgive whatever grievances  
you may have against one another...."  
Colossians 3:12-13

## *more references & thoughts...*

Psalms 37:8-9

Proverbs 29:11

Ecclesiastes 7:9

Ephesians 4:31

Colossians 3:8